

Emotional Dependence Questionnaire (EDQ)
(Lemos, M. & Londoño, N.H., 2006)

Listed here, you will find some statements that a person could use to describe themselves with respect to their relationships. Please read each statement and decide how well it describes you. When you're not sure, base your answer on what you feel, not what you think is right.

Choose the score from 1 to 6 that best describes you on the following scale:

	1	2	3	4	5	6
	Completely false for me					Describes me perfectly
1. I feel helpless when I'm alone	1	2	3	4	5	6
2. I worry at the idea of being abandoned by my partner	1	2	3	4	5	6
3. To attract my partner I try to surprise him/her or amuse him/her]	1	2	3	4	5	6
4. I do all I can to be at the center of attention of my partner's life	1	2	3	4	5	6
5. I constantly need expressions of affection from my partner	1	2	3	4	5	6
6. If my partner doesn't call or is late I feel distressed to think he/she is angry with me	1	2	3	4	5	6
7. When my partner is away for some days I feel distressed	1	2	3	4	5	6
8. When I argue with my partner I'm worried that he/she stop loving me]	1	2	3	4	5	6
9. I have threatened to harm myself so my partner won't leave me	1	2	3	4	5	6
10. I am someone needy and weak	1	2	3	4	5	6
11. I really need my partner to be affectionate with me	1	2	3	4	5	6
12. I need a person to whom I am as more special than the others	1	2	3	4	5	6
13. When I have an argument with my partner I feel empty	1	2	3	4	5	6
14. I feel too bad if my partner doesn't constantly show me affection	1	2	3	4	5	6
15. I'm afraid that my partner abandon me	1	2	3	4	5	6
16. If my partner suggest me a plan I leave all my activities to be with him/her	1	2	3	4	5	6
17. I don't know where my partner is I feel uneasy	1	2	3	4	5	6
18. I feel a strong sense of emptiness when I'm alone]	1	2	3	4	5	6
19. I don't tolerate loneliness	1	2	3	4	5	6
20. I'm capable of doing foolhardy things, even risking my life, to protect the other's love	1	2	3	4	5	6
21. If I have plans and my partner arrives I change them just to be with him/her	1	2	3	4	5	6
22. I move away from my friends too much when I'm in a relationship	1	2	3	4	5	6
23. I enjoy myself only when I'm with my partner	1	2	3	4	5	6